



South Lincolnshire Blind Society C.I.O. Newsletter

Registered Charity 1182486

Web: slbs.uk



Help Line: **01476 592775**

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Issue 51

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Introduction

From Susan Swinburn, Chief Executive

We hope you have enjoyed the warm summer months which seem to have flown by. We have been very busy with activities and events and planning ahead for autumn and winter.

A big thank you to those of you who bought or sold raffle tickets for our Summer Days out. We hope the winners enjoyed their days-out; many told us they were delighted with their prize.

In August we held a hog-roast lunch at our Sensory garden and allotment to celebrate the significant donations from supporters and the hard work of volunteers.

The crowning glory is the addition of a large Summer-house costing over £2,500 courtesy of Grantham Round Table. The garden also gained two very large polythene tunnels that have produced an abundance of tomatoes, cucumbers, butternut squash, peppers and chillies. Where possible produce has been sold for a small donation at our social events to help purchase seeds and equipment for next year.

There were ninety guests at the hog-roast including volunteers, people from local businesses and organisations that have supported us, and service users from Boston and Spalding.

Let's make more use of it in 2020 – come along and enjoy the satisfaction of cultivating your own organically-grown fruit and vegetables (which always tastes better!) or just enjoy the tranquillity; volunteers are waiting to show you around – call the Helpline to arrange a visit.

We organise a wide range of activities; please do come along and join in, make new friends, learn something new, or just have natter and a cuppa. Friends and carers welcome. A comprehensive list of activities dates and meeting places is at the end of the newsletter.

It's time to buy your ticket for the 2019/2020 200 Club which starts in October. Purchase your £10 ticket now so it is entered in all twelve monthly lotteries – that's just eighty-three pence per draw. Great value and you're directly supporting the charity to help local people live well with sight loss. Call the help-line now.

The 10th Remember A Charity Week ran from 9th to 15th September to encourage more people to consider leaving gifts in Wills, after taking care of family and loved ones.

Please take professional advice and consider leaving a gift in your will to South Lincolnshire Blind Society. A gift to charity can be offset against inheritance tax. Please tell both your family and us if you are leaving a legacy. Thank-you.

You may not be aware that we receive no government funding for any of the services or support we provide. If we are to continue to support people we need your help wherever possible. Thank you in advance for helping us - all donations or gifts are gratefully received and will be faithfully applied.

Now on to the festive season! Yes, it's less than 100 days away, we can't escape it, so we have planned several events and would like you to join us. More details in the Events section.

Lastly, a prize appeal: can you donate unwanted items we can use as raffle prizes? If so there are more details later in this newsletter.

We are very grateful for your support and look forward to seeing you, your family and friends at our events.

Competitions

200 Club Winners

June

1 st	£40	Helen Goulding, Bourne
2 nd	£30	David Jackson, Grantham
3 rd	£20	Peter Gittins, Marston

July

1 st	£40	Mr & Mrs K Huddleston, Boston
2 nd	£30	Peter Skelton, Spalding
3 rd	£20	Angela Smith, Spalding

August

1 st	£100	Thelma Blackburn, Sleaford
2 nd	£80	Peter Weatherall, Grantham
3 rd	£40	Malcolm Garrett, Spalding

Summer 'Fantastic Days out In Lincolnshire' Raffle

Thank you to everyone who joined in and helped support and sell raffle tickets for our Summer Raffle. We are pleased to let you know we raised a fantastic £1065.00. Congratulations to all our winners:

1 st	Belton House family ticket	Mr Clapinson
2 nd	Burghley House family ticket	J Simpson
3 rd	Belvoir Castle family ticket	Mrs J Tucker
4 th	Grimsthorpe Castle family ticket	Mrs Burrows
5 th	Lincolnshire Aviation Centre family Kinema in the Woods, for two	Mr Plant Ruth Holmewood
	Peckover House & Gardens, family ticket	C Brushman
	Elton Hall & Gardens, for two	Carolyn Pearsey
	Pennells Garden Centre £10 gift voucher	A Watson
	Octavia Birth Place Museum	Mr Roy Cooper
	Easton Walled Gardens, for two	Mrs C Foss
	Grange Spa session	Patricia Ward
	Stamford Arts Centre £20 gift voucher	B Baxter

Grand Christmas Raffle

Join our annual Christmas raffle for a chance to win these prizes:

1 st	£100
2 nd	£50
3 rd	Christmas Hamper
4 th	Bottle of Whiskey
5 th	Deluxe Christmas Cake

And many more brilliant prizes.

The draw will take place on 13th December 2019. You've got to be in it to win it!

In this mailing you will find a couple of books of raffle tickets along with a pre-paid envelope. Please ask family and friends to purchase a ticket for only £1 each to help support our charity continue its good works. Please return the completed ticket stubs and a cheque or postal order payable to South Lincolnshire Blind Society before Thursday 12th December.

Raffle Prizes Appeal

We're running low on raffle prizes - can you donate unwanted items or gifts?

We have many forthcoming events such as Socialeyes, Lunches, and others where we would like to offer raffles and are in need of desirable prizes such as unused gifts and unopened bottles of beer, wine, spirits or even Champagne.

Bring them along to any Socialeyes groups or drop them in at the Grantham office. Alternatively you can make a donation with which we can purchase a prize on your behalf: just send a cheque or postal order payable to South Lincolnshire Blind Society in the envelope

included with this newsletter. Thank-you very much for your generosity.

Bulletins

2020 Large Print Calendar and Diaries

It's that time again! To order a calendar or diary for 2020 please call the help-line and leave your name, telephone number, and order. Once stock is available we will dispatch your goods. We are taking orders for:

SLBS A3 Yellow Calendar, Black Large Print	£4.00
Pocket Large Print Diary	£5.90
A5 Large Print Desk Diary	£7.90
A4 Large Print Diary	£6.90

Pre-Loved Equipment


Merlin Desktop Video Magnifier, 2 years old, for a donation to the charity of £650. Please contact Brian Woods on 01205 723476.

VisionAid Handy Reader, used once or twice. Originally priced at £140.00, for a donation of £75. Please contact Mr John Middleton on 01205 358141

HD2 Handheld video magnifier, used once. Originally £439.00. Call the help-line for more information and to make an offer.

Events

Christmas Carol Concert

TIME  Thursday 5th December, £3 per person
Christchurch, Finkin Street, Grantham, NG31 6QZ

Join us and the local National School Choir for our annual concert. Bring along friends and family and enjoy some Christmas cheer. The children will be singing a selection of favourite Christmas songs.

Tea, coffee and delicious mince pies included.

Christmas Get-Together and Lunch at Woody's Bar

After the resounding success of our 2018 Christmas Lunch at Woody's Bar in Ancaster you've been asking us to do it again, so here it is:

12p.m. Thursday 12th December, £15.95 per person

Woody's Bar, Woodland Waters, Willoughby Road, Ancaster, NG32 3RT

Enjoy a delicious three-course meal followed by coffee for an amazing £15.95 - £1 less than last year! There will be a raffle and tickets will be £1 each and £5 for a strip. All prizes will be worth at least £5 and there will be plenty of Christmas cheer.

Everyone at last year's event said it was amazing and fabulous to get service users, family, carers, volunteers and staff together from across Lincolnshire. Let's make this year's event even more memorable.

Woodland Waters is a beautiful venue all on one level and the staff are trained in how to support people with sight loss so you will be safe. We have the large banqueting suite to ourselves again this year so help us double our numbers and get two hundred of you there to share a fabulous Christmas meal together.

We are hoping for some after-lunch entertainment this year because last year we were surprised when one of our amazing service users from Lincoln played Christmas songs on his bagpipes – that really put us in the mood and everyone said it was brilliant.

If you live in Boston or Spalding but do not have transport you'll be delighted to know you can join us because we have been able to arrange mini-buses thanks to a donation from Acorn Taxis. Places are limited so please book your seat early.

We do hope you will join us at your Blind Society family get-together. Call the help-line to book your meal ticket or transport. We will send you a menu form to complete and return (or we can complete it over the telephone for you) with a non-refundable deposit of £5 per person.

Places will go quickly so we need your menu choices and deposit no later than 20th November (sorry, we will not be able to accept any after this date).

Blind Society Great Get-Together Christmas Menu

Starters: Roasted Tomato soup *or* Chicken liver and smoked bacon pate *or* Melon and pineapple cocktail.

Main Course: Roast topside of Beef *or* Citrus butter basted Turkey Crown *or* Cod Loin *or* Leek, sunset blue and chestnut hotpot.

Desserts: Christmas pudding *or* Lemon tart *or* Vanilla baked cheesecake.

So hunt out your Christmas jumpers and come join us for a fabulous celebration dinner and entertainment.

Boston Christmas Lunch

TIME Tuesday 17th  December, £8.50 per person

The Queen of Spades, Wellington Road, Boston, PE21 0NX

Call the help-line to book your place and select your menu choices. Deposit of £5 required by Tuesday 10th December.

Grantham's Got Xmas Talent Spectacular

Back by popular demand after last year's success, we will be holding another Christmas Extravaganza – come and join us!

7pm Saturday 14th December, Adults £5, under 16's free

St Wulfrum's Church, Church Street, Grantham, NG31 6RR

Doors open at 6pm.

The evening's entertainment includes:

- Cranwell Military Wives Choir
- Grantham International School Choir
- Invoice Choir
- Grantham and Melton Rock Choir
- Grantham U3A Choir

and not forgetting the soulful sounds of our very own Mr Barry Summerfield who won applause from around the world last year for his amazing performance.

Suzie Sparkles (Lincoln Radio and Gravity FM) will be guest compare.

Don't miss out on some last-minute shopping in our indoor market place with a selection of local craft stalls selling a range of items from wonderful scented candles to hand made cards and gifts.

Fresh tea, coffee and wine will be available courtesy of Grantham SpecSavers.

N&B cupcakes will be bringing delicious home-made cupcakes and Lovely Loaves will be providing us with scrumptious home-made mince pies again.

Make sure you're not disappointed - get your tickets early, find your warm Christmas jumper, and come and join us in St Wulfrum's for this wonderful evening of great entertainment.

There will be a raffle and retiring collection on the night.

Awareness and Fund-Raising

A huge thank you to everyone who has helped at our fundraising events so far this year. Our running total is now an amazing £1744.17.

As an independent charity raising funds is a big part of our work. Equally important is the role of promoting the services the charity

provides to people who may be struggling with sight issues and don't know where to turn.

We are extremely grateful for those who have come along and helped to promote our services and help raise awareness. Thank you – you are amazing!

If you would like to know more about how you can join our team of brilliant ambassadors please give call the help-line to add your name to our list.

Help needed at Future Store Collections:

Friday 18th October	Downtown, Grantham
Friday 8th November	Asda, Grantham
Friday 29th November	Morrisons, Stamford
Friday 6th December	Morrisons, Lincoln
Friday 13th December	Isaac Newton Centre, Grantham

Features

A magical place

As my guide dog, Meg, and I stood in line at the checkout of the supermarket I asked the cashier what I considered to be a simple question. "Where are the napkins please?" Her Response was a hurried, but sincere, "Over there."

Emerging from the train, I managed to catch the attention of a passer-by "Please sir, can you tell me where I might catch the number 63 bus?" A kind voice offered a pleasant response before disappearing into the noise of the city. "You can catch it, 'Over there.'"

So many things reside over there - napkins, bus stops, pencils, pens, department stores and even my shoes! It is a never-ending list of

important items and places that all reside in this place, which is shrouded in mystery.

I stand in perplexed silence after learning that something is over there. It is a place I have never been and have no hope of finding on my own.

My Guide dog, is quite skilled in finding chairs, stairs, lifts, escalators, helping me cross streets and can even find the diet Pepsi display at Sainsbury's; however, when I tell her to find "over there" her little bottom hits the floor and a small whimper tells me she is as confused as I am.

We will not be going "over there" today. Over there has caused me a bit of frustration, a lot of confusion and, on occasion, made my heart race.

I have discovered that "over there" can be a dangerous place. One day, while crossing a street I heard a driver shout out a warning of a lorry bearing down on me from over there. Meg artfully dodged the oncoming vehicle and dragged me to safety of the curb. Our hearts were both racing as we took a few moments to compose ourselves.

Close encounters with over there can be frightening experiences. Although many blind people have wondered about the exact location of "over there," few have dared to venture forth in an actual exploration of the mysterious place.

One day, whilst standing in line at the supermarket, I asked where I might find the aspirin. With a cheery smile in her voice, she informed me that the aspirin was located "over there". With a weary sigh, I decided that I would take the extra step that would unravel the mystery, which had troubled my compatriots since the beginning of time.

Taking a deep breath, and attempting to look relaxed, I smiled at the clerk, "where" I asked "is over there?" I imaged the girls shocked expression. I felt her sharing concerned looks with her colleagues in the store.

The silence grew at the possibility of allowing a blind person access to the forbidden land. She had no choice; she would have to tell me how to find "over there!" I had won! Exhilaration swept through me as I waited in breathless anticipation.

A victorious smile crept to my lips, my hand tightened on the handle of Meg's harness; we would soon be going over there! The clerk's voice reeked with resignation as the decision was made. "That way," she said.

Re produced from an American pen-pal of one of South Lincolnshire Blind Society's Volunteers October 2010. Some things just do not change do they?

Tanners and Bobs

By David Kellet of Wingate, East Durham.

Back in the days of tanners and bobs,
When Mothers had patience and Fathers had jobs.
When football team families wore, hand me down shoes,
and T.V. gave only two channels to choose.

Back in the days of three penny bits,
when schools employed nurses to search for your nits.
When snowballs were harmless; ice slides were permitted
and all of your jumpers were warm and hand knitted.

Back in the days of hot ginger beers,
when children remained so for more than six years.
When children respected what older folks said,
and pot was a thing you kept under your bed.

Back in the days of Listen with Mother,
when neighbours were friendly and talked to each other.
When cars were so rare you could play in the street.
When Doctors made house calls; Police walked the beat.

Back in the days of Milligan's Goons,
when butter was butter and songs all had tunes.
It was dumplings for dinner and trifle for tea,
and your annual break was a day by the sea.

Back in the days of Dixon's Dock Green,
Crackerjack pens and Lyons ice cream.
When children could freely wear National Health glasses
and teachers all stood at the FRONT of their classes.

Back in the days of rocking and reeling,
when mobiles were things that you hung from the ceiling.
When woodwork and pottery got taught in schools,
and everyone dreamt of a win on the pools.

Back in the days when I was a lad,
I can't help but smile for the fun that I had.
Hopscotch and roller skates; snowballs to lob.
Back in the days of tanners and bobs.

Well done Sarah!

Team GB Blind Tennis champion wins bronze medal in Benidorm. Mrs Jean O'Neill of Boston writes:

I have recently joined the Boston Socialeyes group. At the last meeting I was telling Susan all about a lady we know (my brother's partner), who suddenly lost most of her sight but has since taken up tennis. My brother, who also has sight problems, has since joined her playing tennis.

Susan asked me to put together a little write up to encourage more people to take up the sport or at least have a go.

The lady I was telling Susan about is Sarah Fortescue from Milton Keynes. Sarah lost most of her sight overnight some years ago. As many of us know this is a totally life changing occurrence. While listening to her local talking newsletter she heard of the opportunity to play tennis. She thought it could be interesting and has not looked

back since. She thoroughly enjoys it and is very enthusiastic. Sarah now also has my brother involved (also visually impaired) they go for coaching sessions every month together. The balls they use have an electronic device inside which makes a sound so they can judge where the ball is.

Sarah has now been playing for 6 years and was chosen for "Team GB" to play in Benidorm Spain, in The International Blind Tennis Tournament 2019. It was played indoors, began on the 12th June and finished on the 16th June. Sarah played against six other countries in singles matches. She came home with a bronze medal; we are thrilled for her and it was well worth all her hard work and training.

The team brought home three gold medals, two silver medals and two bronze medals. Fantastic!

News from North Hykeham

By Alan Saunby.

26th May - Alan Saunby, My trip of a lifetime.

Dee gave Joyce her birthday card and welcomed Virginia, the society's Community Support Worker.

I gave a talk about my trip of a lifetime. In 1997 we had a speaker from the Jubilee Sailing Trust, he told us what the trust does for handi-capped people, to sail on a tall sailing ship with the help of an able-bodied person.

My voyage went from Southampton to Alderney and onto St Marlo on the Brittany coast, the voyage went from 9th October to 15th October in 1988 and cost £525, Dennis, one of our drivers, went with me as a buddy.

The voyage went well until we came back from St Marlo, this is where we had our worse weather, the wind and rain was very bad and later reached force 8 gales.

On the way out, I steered the ship for about 15 minutes this was very scary not having driven a car before and not knowing how the ship would react. I enjoyed the trip very much and the camaraderie, but would I go again? Yes if someone paid me!

12th June - AGM and Fire drill.

We had many members missing today, illness and other reasons. The AGM went well and we have the same committee with two additional committee members joining.

Chairperson - Dee

Treasurer - Brian

Secretary/programme organizers - Gail and Karen

Other committee members - Maureen, Ian and club members, Jennifer and Alan.

We had to cancel the fire drill because of the bad weather, but Brian went through what we would have to do; hopefully it will not be needed.

26th June - Bernard Tagliavini, Entertainment

Again we had a lot of members missing, Dee gave out a card to Marjory for her birthday, she then told us that Rittesh, a local newsagent, had given Tom one of our drivers some ice cream for our members - very nice. Dee then welcomed Bernard for our entertainment, he plays the guitar, sings and tells funny stories and as usual was very good.

10th July - Pennells Garden Centre

Today we were picked up 1 hour earlier to meet at Pennall's Garden Centre for Lunch.

We had a choice of steak and ale pie, Lamb casserole, Fish and chips, Sweet and sour or pasta bake and a choice of lemon meringue pie, banoffee pie, or ice cream. A good meal.

24th July - Summer Quiz and cakes

Our usual introduction then Dee welcomed two new drivers, Steph and Miriam. Gail then read out 30 questions about things that happened in the summer – What happened in July 2012? The London Olympics and many more, well done Gail. We then had several different cakes, all provided by our local newsagent. This is our last meeting as we break for the summer and will meet again on 4th September.

Our grateful thanks to...

The society, volunteers and members of the North Hykeham Club would like to say a huge thank you to Mr Leonard Denniss, a loyal and caring volunteer at the North Hykeham club who has recently retired from volunteering with us after nearly 24 years! Thank you Len and enjoy your well-earned rest.

Social Groups

Knitting Lentils – New Writing Group

Our new group for anyone interested in writing or poetry for pleasure and leisure.

Are you a budding writer? Do you or would you like to write a short story or poems? The Knitting Lentils will meet at our Grantham office in the afternoon on a schedule to be decided by the members with plenty of tea and coffee to get your creative juices flowing!

We have three very competent sighted writers who all have very different styles and genres who will be able to help you write your story or poem.

If you are interested call the help-line and we can tell you more about the group.

We are looking forward to being able to publish our service user's poems in a very special compilation – "Life Through My Eyes".

Forthcoming Events

Month	Venue and Activity
October	
Tuesday 1st	Grantham Book Group 10am – 11am 14 Finkin Street, Grantham, NG31 6QZ
Wednesday 2nd	Low Vision Day 10am – 1pm The Green School, Church Street, Market Deeping, PE6 8DA. Suppliers attending; Dolphin, Enhanced Vision, Orcam and Ox sight
Thursday 3rd	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ. Guest Speaker– Lincs Police, Cyber Crime
Monday 7th	Spalding All Day Social'eyes' Club 10am – 3pm Hayley Stewart Football Grounds, Spalding, PE11 1DA.
Wednesday 9th	Boston Social'eyes', 10am – 12pm The Len Medlock Voluntary Centre, St Georges Road, Boston, PE21 8YB. Guest speaker – Boston Ukulele Band
Thursday 10th	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ
Tuesday 15th	Grantham Craft Club 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ
Thursday 17th	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ. Guest Speaker– Wiltshire Farm Foods.
Thursday 17th	Sleaford Social'eyes', 1pm – 3pm The Community Room, Sleaford Town Hall, Sleaford, NG34 7TW. Guest Speaker – Citizens Advice
Friday 18th	Stamford Social'eyes' Club 12.30pm – 2.30pm Clare Close Community Centre, Stamford, PE9 2QA.

Monday 21st	Spalding Social'eyes' club 12pm – 2pm Hayley Stewart Football Grounds, Spalding, PE11 1DA.
Wednesday 23rd	Boston Social'eyes', 10am – 12pm The Len Medlock Voluntary Centre, St Georges Road, Boston, PE21 8YB. Guest speaker – Citizens Advice
Thursday 24th	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ
Tuesday 29th	Boston Lunch Club 12.30pm – 2.30pm Queen of spades, Wellington Road, Boston, PE21 0NX Please call the help-line to book a place and choices a week in advance
Thursday 31st	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ
Thursday 31st	Sleaford Social'eyes', 1pm – 3pm The Community Room, Sleaford Town Hall, Sleaford, NG34 7TW. Guest speaker – Lincs Police, Cyber Crime
November	
Monday 4th	Spalding All Day Social'eyes' Club. 10am – 3pm Hayley Stewart Football Grounds, Spalding, PE11 1DA.
Tuesday 5th	Grantham Book Group 10am – 11am 14 Finkin Street, Grantham, NG31 6QZ
Thursday 7th	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ. Guest – Woolsthorpe Manor
Wednesday 13th	Boston Social'eyes', 10am – 12pm The Len Medlock Voluntary Centre, St Georges Road, Boston, PE21 8YB. Guest speaker – Lincs Police, Friends against Scams.
Thursday 14th	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ. Guest speaker – VisionAid Technologies
Thursday	Sleaford Social'eyes', 1pm – 3pm

14th	The Community Room, Sleaford Town Hall, Sleaford, NG34 7TW. Guest – Holistic Hearing (Hearing tests and aids)
Friday 15th	Stamford Social'eyes' Club. 12.30pm – 2.30pm Clare Close Community Centre, Stamford, PE9 2QA.
Monday 18th	Spalding Social'eyes' club. 12pm – 2pm Hayley Stewart Football Grounds, Spalding, PE11 1DA.
Tuesday 19th	Grantham Craft Club 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ
Thursday 21st	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ
Monday 25th	Sutton Bridge Coffee morning 10am – 12pm Curlew Centre, Sutton Bridge, PE12 9SA Everyone welcome.
Tuesday 26th	Boston Lunch Club 12.30pm – 2.30pm Queen of spades, Wellington Road, Boston, PE21 0NX Please call the help-line to book a place and choices a week in advance
Wednesday 27th	Boston Social'eyes', 10am – 12pm The Len Medlock Voluntary Centre, St Georges Road, Boston, PE21 8YB. Guest speaker – Lincs Police, Cyber Crime
Thursday 28th	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ
Thursday 28th	Sleaford Social'eyes', 1pm – 3pm The Community Room, Sleaford Town Hall, Sleaford, NG34 7TW. Guest speaker - VisionAid
Saturday 30th	Wreath Making 12pm  Methodist Church Hall, Finkin St, Grantham, NG31 6QZ
December	
Monday 2nd	Spalding All Day Social'eyes' Club 10am – 3pm Hayley Stewart Football Grounds, Spalding, PE11 1DA.
Tuesday 3rd	Grantham Book Group 10am – 11am 14 Finkin Street, Grantham, NG31 6QZ

Thursday 5th	Christmas Carol Concert 10am – 12pm Christchurch, Finkin Street, Grantham, NG31 6QZ
Wednesday 11th	Boston Social'eyes', 10am – 12pm The Len Medlock Voluntary Centre, St Georges Road, Boston, PE21 8YB Guest speaker – Visionaid technologies
Thursday 12th	Christmas Lunch 12 noon Woodys Bar & Restaurant, Woodland Waters, Willoughby Road, Grantham, NG32 3RT.
Saturday 14th	Christmas Concert 7pm- 9pm St Wulframs Church, Church Street, Grantham, NG31 6RR. £5 per adult, children under 16 free.
Monday 16th	Spalding Social'eyes' club 12pm - 2pm Hayley Stewart Football Grounds, Spalding, PE11 1DA.
Tuesday 17th	Grantham Craft Club 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ
Tuesday 17th	Boston Lunch Club 12.30pm – 2.30pm Queen of spades, Wellington Road, Boston, PE21 0NX Please call the help-line to book a place and choices a week in advance
Thursday 19th	Grantham Social'eyes' 10am – 12pm 14 Finkin Street, Grantham, NG31 6QZ.
Thursday 19th	Sleaford Social'eyes', 1pm – 3pm The Community Room, Sleaford Town Hall, Sleaford, NG34 7TW. Christmas Quiz and mince pies.
Friday 20th	Stamford Social'eyes' Club 12.30pm – 2.30pm Clare Close Community Centre, Stamford, PE9 2QA.

Regular Social clubs

Our very valuable volunteers support all of our social groups and we are extremely grateful for their time and commitment. If you have not joined one yet give us a call on our help-line and we will arrange an introduction.

All the clubs offer companionship activities such as quizzes, outings and guest speakers, etc. You will receive a very warm welcome.

Area and Activity	Frequency and Time
Grantham Wednesday Club	Fortnightly 2pm - 4pm
Harrowby Lane Methodist Church, Grantham, NG31 9LN	
Grantham Monday Club	Fortnightly 2pm - 4pm
Sandon Road Community Centre, Grantham, NG31 9AX	
Grantham Target Shooting Club	Fridays 7pm - 9.30pm
Harrowby Lane Methodist Church, Grantham, NG31 9LN	
Grantham Swim Club	Fortnightly 12pm - 2pm
Belton Woods Hotel, Belton, Grantham, NG32 2LN	
Grantham Social'eyes'	Thursdays 10am - 12pm
14 Finkin Street, Grantham, NG31 6QZ	
Grantham Craft Club	3 rd Tuesday 10am - 12pm
14 Finkin Street, Grantham, NG31 6QZ	
Grantham Book Club	1 st Tuesday 10am - 11am
14 Finkin Street, Grantham, NG31 6QZ	
Spalding All Day Club	3 rd Monday 12pm - 2pm
Hayley Stewart Football Ground, Spalding, PE12 1DA	
Bourne Social Club	Wednesdays (except 1 st) 2pm - 4pm
Manor Court, West Street, Bourne, PE11 9PP	
Stamford Social'eyes'	3 rd Friday 12.30pm - 2.30pm

Clare Close Community Centre, Stamford, PE9 2QA	
Sleaford Social'eyes'	Alternate Thursdays 1pm - 3pm
The Town Hall, Quayside House, Navigation Yard, NG34 7TW	
Boston Luncheon Club	Last Tuesday 12.30 - 2.30pm
Queen of Spades, Weillington Road, Boston, PE21 0NX	
Boston Social'eyes'	Alternate Wednesdays 10am - 12pm
Len Medlock Voluntary Centre, St Georges Road, Boston, PE21 8YB	
North Hykeham Social Club	Wednesday Fortnightly 2pm - 4pm
Methodist Church, 3 Chapel Lane, North Hykeham, LN6 9QZ	

Here to Help

If you need support, advice or information, please call our help-line on **01476 592775** which is open Tuesday to Friday 9am to 5pm.

YOU ARE WELCOME to visit our Resource Centre at 14 Finkin Street, Grantham, NG31 6QZ, which is open Tuesday to Friday from 9am to 4pm.

We are:

Susan Swinburn	Chief Executive
Virginia Richardson	Community Support Worker/SIO
Kirsty Smith	Services Administrator
Ciara Atkinson	Office Administrator
Mrs Marie Scoffield	Administration Assistant

DISCLAIMER

We try to ensure that all the information provided in this newsletter is accurate. Where benefits, concessions, etc., are mentioned it is your responsibility to make enquiries as each case is judged individually.

Service providers and products are featured from time to time for information purposes; again, you should make enquires as to their suitability. Receiving this newsletter does not oblige you to act on any of the information contained herein.